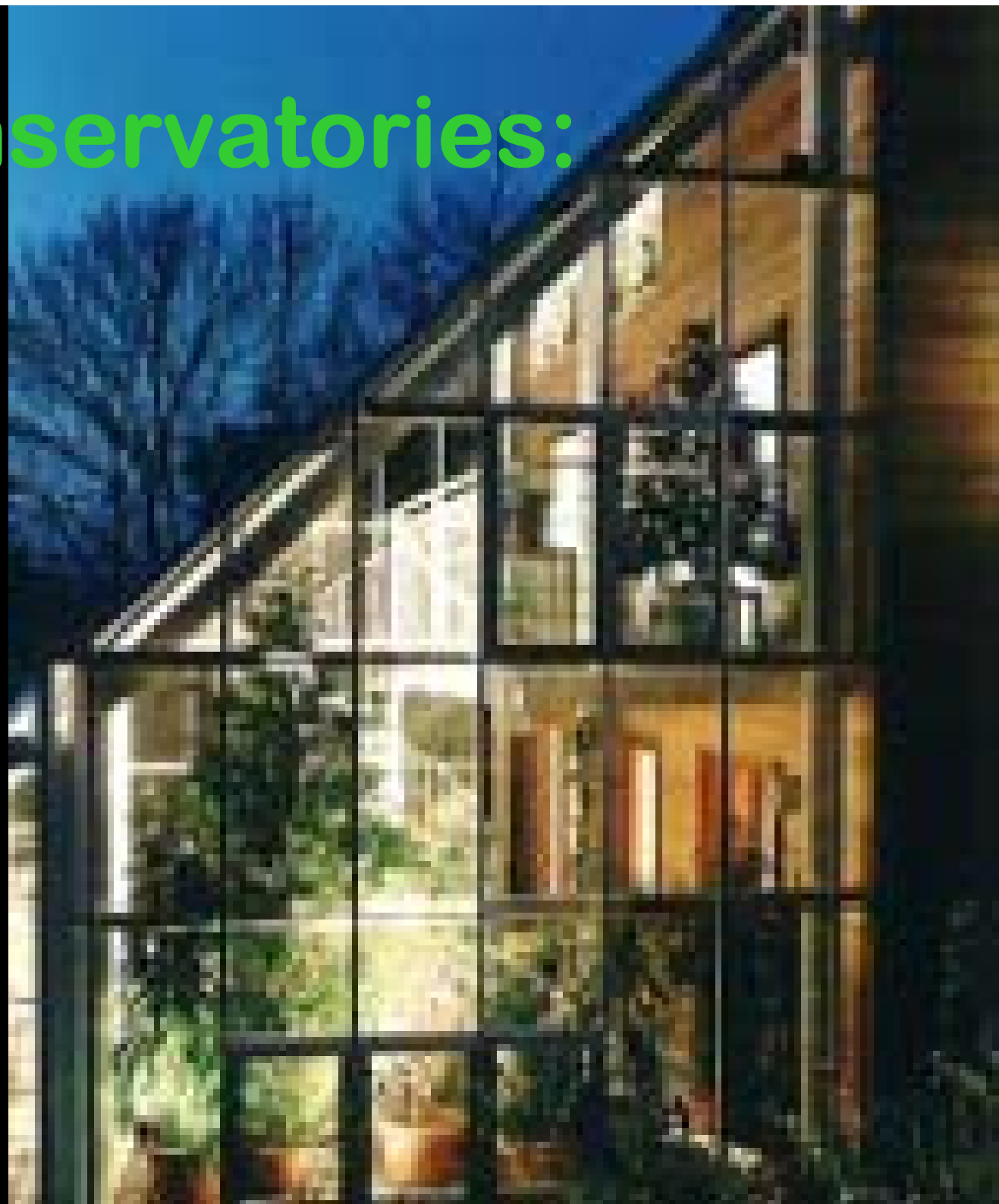


www.greenspec.co.uk

Sun Space Winter Gardens Conservatories

B12 Conservatories
Source of free heat
or a Drain on energy

Conservatories:



GreenSpec

 Search

- HOME
- PRODUCTS
- MANUFACTURERS
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- REGISTER YOUR PRODUCT
- ECOBUILD: 'GREEN SHOOTS'

GreenSpec is the UK construction industry's definitive guide to 'green' building design, products, specification and construction. Inside GreenSpec you will find a wealth of information aimed at helping you to design more energy and resource efficient buildings, using materials and technologies that minimise damage to people and the environment.



PRODUCTS



A directory of sustainable products available in the UK. Each product page comes with a description, brochure downloads and contact details.

MATERIALS



A guide to sustainable materials, both traditional and new. Materials such as masonry, roofing and flooring are compared based on their environmental impacts.

LOW CARBON HOUSE



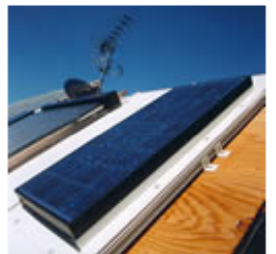
An essential guide to designing a low carbon house: Includes energy standards for the CfSH levels 4-6, passive solar design, air-tightness and more.....

Be recognised

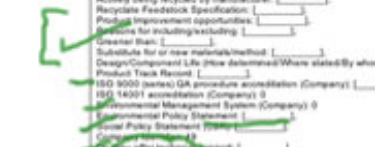
Click here to find out more

www.greenweek.co.uk
24th-28th September 2007

how's your new **product** coming along?



CHECKLIST



ENERGY



IMAGE BANK





- HOME
- PRODUCTS
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- SPECIFICATIONS (available 2007)
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- REGISTER YOUR PRODUCT

Research and Papers

1 Construction

'Sustainable Construction: Whole Life Cost Benefits'	A report by Cyrill Sweetts commissioned by Kent County Council / Interreg IIIA to establish the cost of alternative materials commonly used in sustainable construction. The survey results are tabulated to allow direct comparison and illustrate true value.
'Coping with Substitution'	Avoiding Substitution - The substitution of sustainable materials with non-sustainable products by contractors is a major barrier to sustainable construction. By using dedicated specifications instead of the popular generic type, the building designer can regain control. (<i>Brian Murphy, GreenSpec, 2006</i>)
' Commercial Green Buildings '	Delivering Sustainable Design in the Real World - Commercial constraints quite often stunt the ambitions of the building designer. In this paper, a strategy for breaking down these barriers is explored and the practical implications for the design of buildings in the future are discussed. (<i>Andrew Pettifer, Gifford & Partners, 2003</i>)
'UK Housing and Climate Change'	Heavyweight vs lightweight construction - This important report demonstrates that as UK temperatures climb, 'lightweight' buildings are ill-prepared to meet the challenge. 'Heavyweight' construction that borrows from traditional cooling techniques in Southern Europe is setting the model for future housing developments. (<i>Ove Arup and Bill Dunster Architects, 2005</i>)
'Thermal Mass for Housing'	Concrete solutions for the changing climate - This guide provides information on the simple, passive design techniques that can be applied in masonry and concrete dwellings to take advantage of their inherent thermal mass on a year-round basis. (<i>The Concrete Centre, 2006</i>)
'Earth Brick Construction'	This report presents the results of a two-year research programme to monitor and evaluate the performance of earth masonry in modern wall construction . The programme made a detailed study of one new building through the complete construction process, including design, procurement and occupation. It also took into consideration several other projects that used these materials. Tom Morton is currently writing ' <i>Earth Masonry: Design & Construction Guidelines</i> ' to be published by the BRE in Spring 2007.
'Intro to the Green Guide'	An Introduction to the Green Guide to Specification - This introduction looks at the fundamentals of the Green Guide and how it works for building designers (<i>Tuija Halonen, BRE, 2005</i>)
'GreenSpec and the Market'	Far from leading the way, the GreenGuide preserves the status quo and stifles the market in green

GreenSpec

COMMERCIAL GREEN BUILDINGS DELIVERING SUSTAINABLE DESIGN IN THE REAL WORLD

by Andrew Pettifer

INTRODUCTION

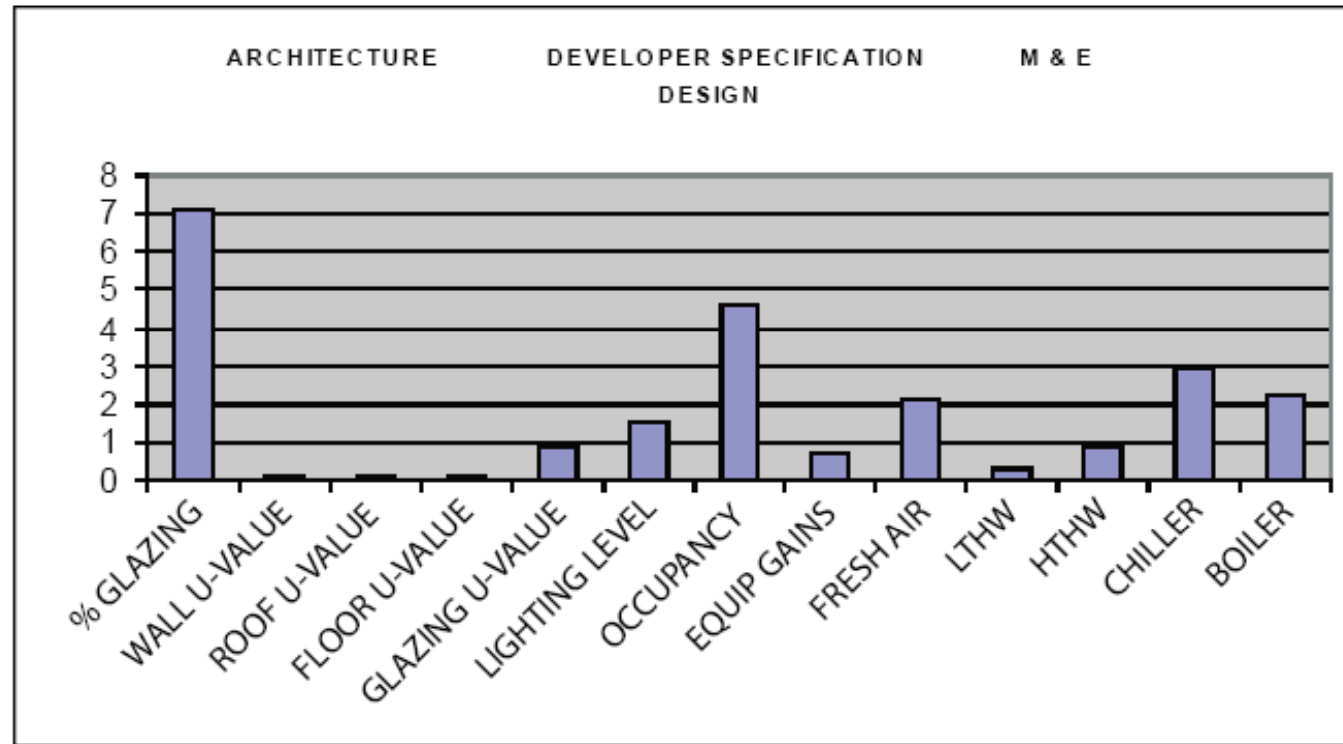
In a small number of high profile construction projects the principles of sustainable design shape the entire brief and become the defining feature of the project. For the great majority of clients, however, commercial constraints limit or more often totally negate any environmental aspirations of the client or design team. In the private sector this is because of the need to make money and in the public sector because of the lack of it.

The environmental imperative of taking a sustainable approach to construction projects is recognised widely and the arguments are well rehearsed and oft repeated; fifty per cent of energy use in the UK is from buildings; the average Brit consumes Mother Earth's resources at three times the rate she can replenish them; global warming is proven and shaping our climate. Too often papers and lectures are delivered that address these concerns at a strategic level but offer little help to the practitioner. We need to stop harping on about the problems and start delivering some solutions.

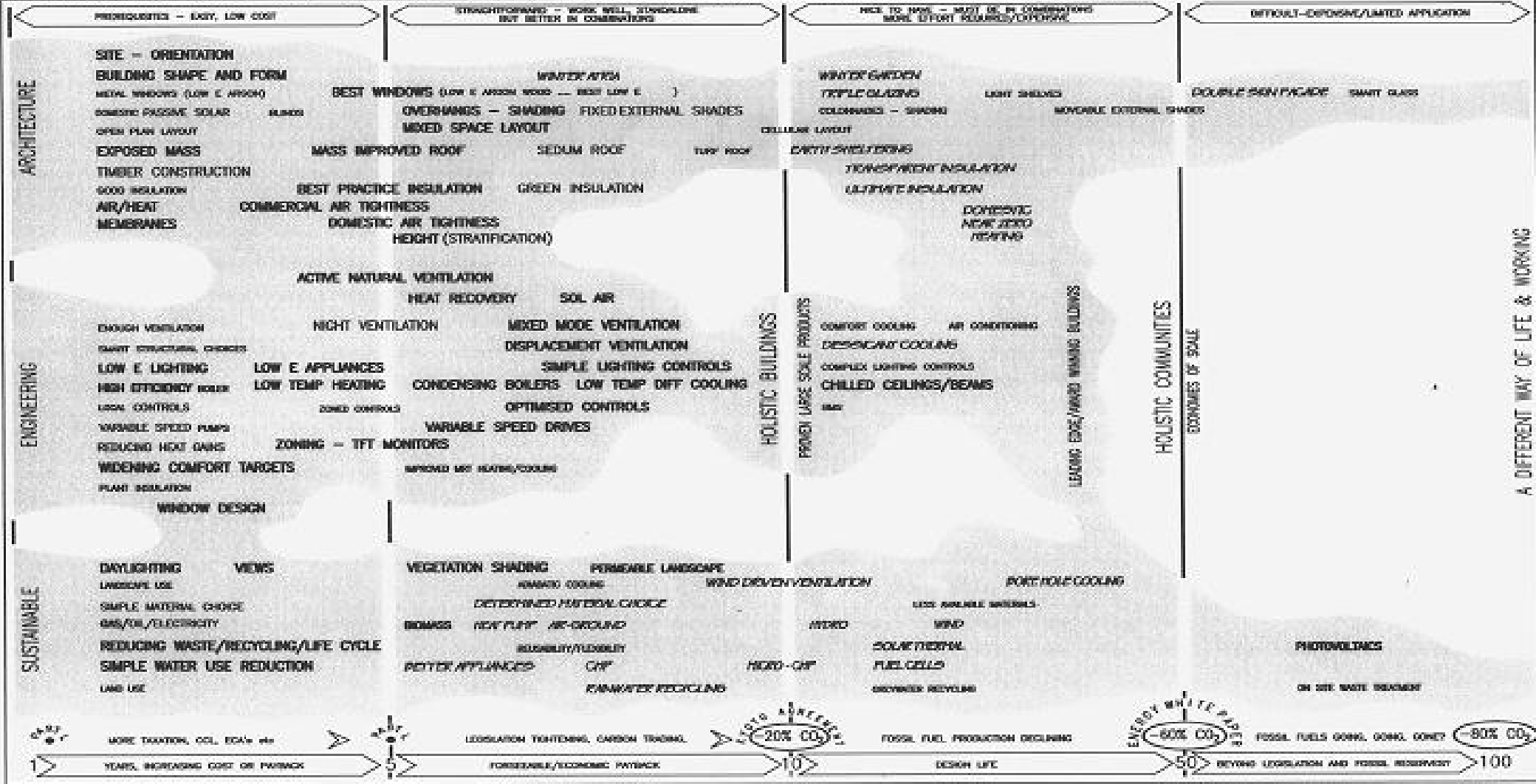
This paper looks at barriers to the delivery of sustainable buildings in the 'real' (ie commercial) world. A strategy for breaking down these barriers known as 'Commercial Green' is explored and the practical implications for the design of buildings in the future are discussed.

Commercial Green buildings let the building fabric do the work of controlling the internal environment, allowing the building services to be simple, low intensity and low cost. We might even be able to save enough money on the services to pay for the improvements required to the building fabric and create a significant incremental improvement without a capital cost investment.

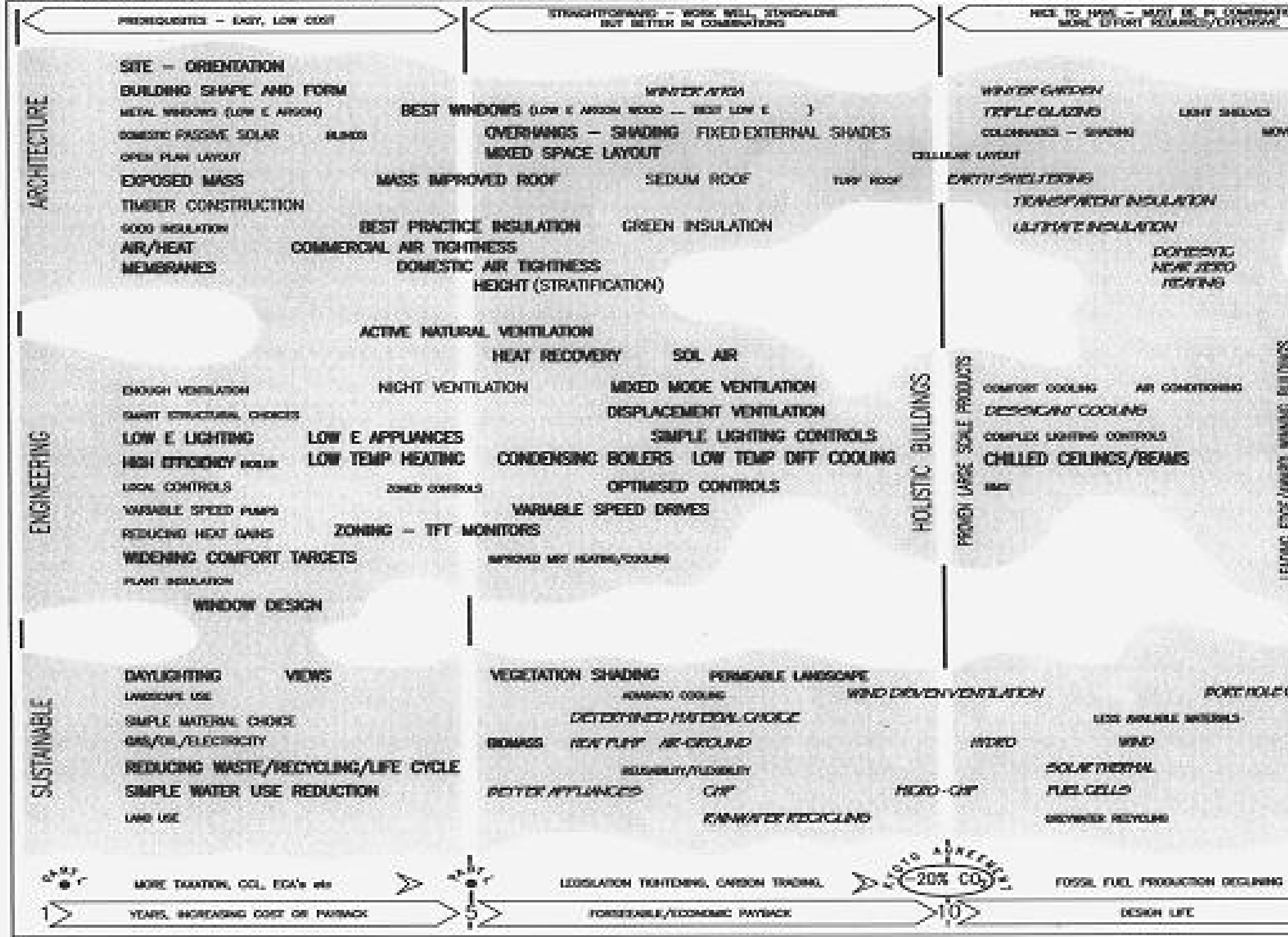
The table below highlights the relative importance of various factors in terms of energy consumption for an air conditioned office building and gives us a clue as to where we should be concentrating our efforts.



IN A COMPLEX WORLD A PERSPECTIVE ON BUILDING TECHNOLOGIES FOR THE MAINSTREAM UK



IN A COMPLEX WORLD A PERSPECTIVE ON BUILDING TECHNOLOGIES FOR THE MAINSTREAM



Sustainable

Engineering

Architecture

Prerequisites, easy, low costs

Site – Orientation
Building shape and form
Metal windows Low E Argon
Domestic Passive Solar
Open Plan Layout
Exposed Mass
Timber Construction
0.00 Insulation
Air/Heat Membranes

Straightforward, work well, standalone, better communal

Best Windows: Low E Argon Wood
Overhangs – Shading
Mixed space Layout
Mass Improved Roof
Sedum Roof
Green Insulation
Commercial Air tightness
Domestic Air tightness
Height (Stratification)
Active Natural Ventilation
Heat Recovery
Sol Air

Nice to have, more effort required, expensive

Winter Atria
Winter Garden
Triple Glazing
Colour ____ Shading
Light Shelves
Move
Cellular Layout
Earth Sheltering
Transparent Insulation
Ultimate Insulation
Domestic near-zero heat

Draught Ventilation
Functional Checks
Low E Lighting
High Efficiency Boiler
Local Controls
Variable Speed Pumps
Reducing Heat gains
Widening Comfort Targets
Plant Insulation
Window Design

Night Ventilation
Low E Appliances
Low Temp Heating
Zoned Controls
Condensing Boilers
Optimised Controls
Variable Speed Drives
TFT Monitors (arrived sooner)
Improved ____ Heating/Cooling

Comfort cooling
Desiccant cooling
Complex lighting controls
Chilled ceiling / beams
BMS

Daylighting
Landscape Use
Simple Material Choices
Gas/Oil/Electricity
Redyucing Waste/Recycling/Life Cycle
Simple Water Use Reduction
Land Use

Vegetation Shading
____ Cooling
Determined Materials Choices
BioMass Heat Pump
Air-Ground
Better Appliance
CHP

Permeable Landscape
Wind Driven Ventilation
Hydro
Micro – CHP
Solar Thermal
Fuel Cells
Recycling

Now

+5years
Part L & CfSH

Kyoto Targets
-20% CO2

+10
CfSH

+50
Energy White Paper
-60% CO2

Holistic Buildings
Proven Large Scale Technology

Holistic Communities

Green Houses & Conservatories: Summer

- Glass permit the passage of the rays from the sun to warm the interior
- This can be released in summer by ventilation
- Victorians understood the need for opening vents in the roofs to release the heat in the summer, high enough to exploit the stack effect, catch any breeze and ensure heads do not cook.
- Most PVC conservatories only have windows in the sides, a real problem

Zero Energy Development



Reduce demand
for artificial light
and heating:
Outdoor living
Conservatory life
sunny warm cave
to retreat to in
the cold of night



**Hot house
in the middle
of winter
Ventilation
for summer
No heating
Solar gain
Exposed
thermal mass
Windows and
Doors to house**

Hockerton & BedZED

- Conservatories are double glazed and Low Emissivity coated to allow the heat in, prevent it escaping and trap the heat for use
- Doors and windows from conservatory to house are triple glazed Low E for the same reason
- The doors and windows are closed not letting any heat from building out into conservatory
- Until the conservatory is hot enough then windows and doors are opened to let a burst of heat into the building to heat up the fabric

Green Houses & Conservatories: Winter

- Glass permit the passage of the rays from the sun to warm the interior
- Close all opening vents, doors and windows capture the heat
- This can be exploited in winter
- Grow plants that would otherwise perish

Green Houses and Conservatories: Winter

- Thermal mass is where the construction materials are usually dense, close to the surface have large surface area, can absorb and store heat
- Conservatories can capture heat in sunny but cold weather
- Intelligent use of thermal mass in floors and rear walls can exploit the captured heat by storing it and saving it until the sun has disappeared and release it to warm the occupants of the conservatory.

Lean-to Conservatories: warm the house

- Once a conservatory attached to a building is warmed
- it can then be used to heat the interior of the attached building by opening doors and windows between them to let the heat into the building
- The building's thermal mass can be warmed and heat stored for release into the building later after the sun has gone



Concrete Floors
between flats act
as solar shading
and work
exceptionally well



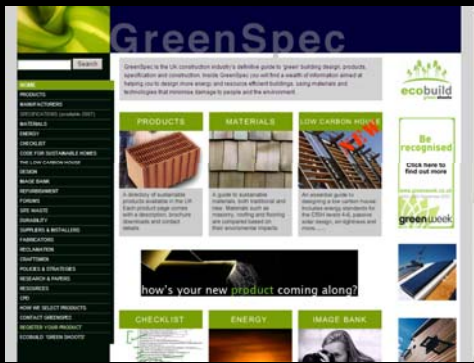
Sunroom on South face captures the sun



Heavy building elements store the heat and release it later



Top floor glass
roof lets in too
much heat top
floor overheats



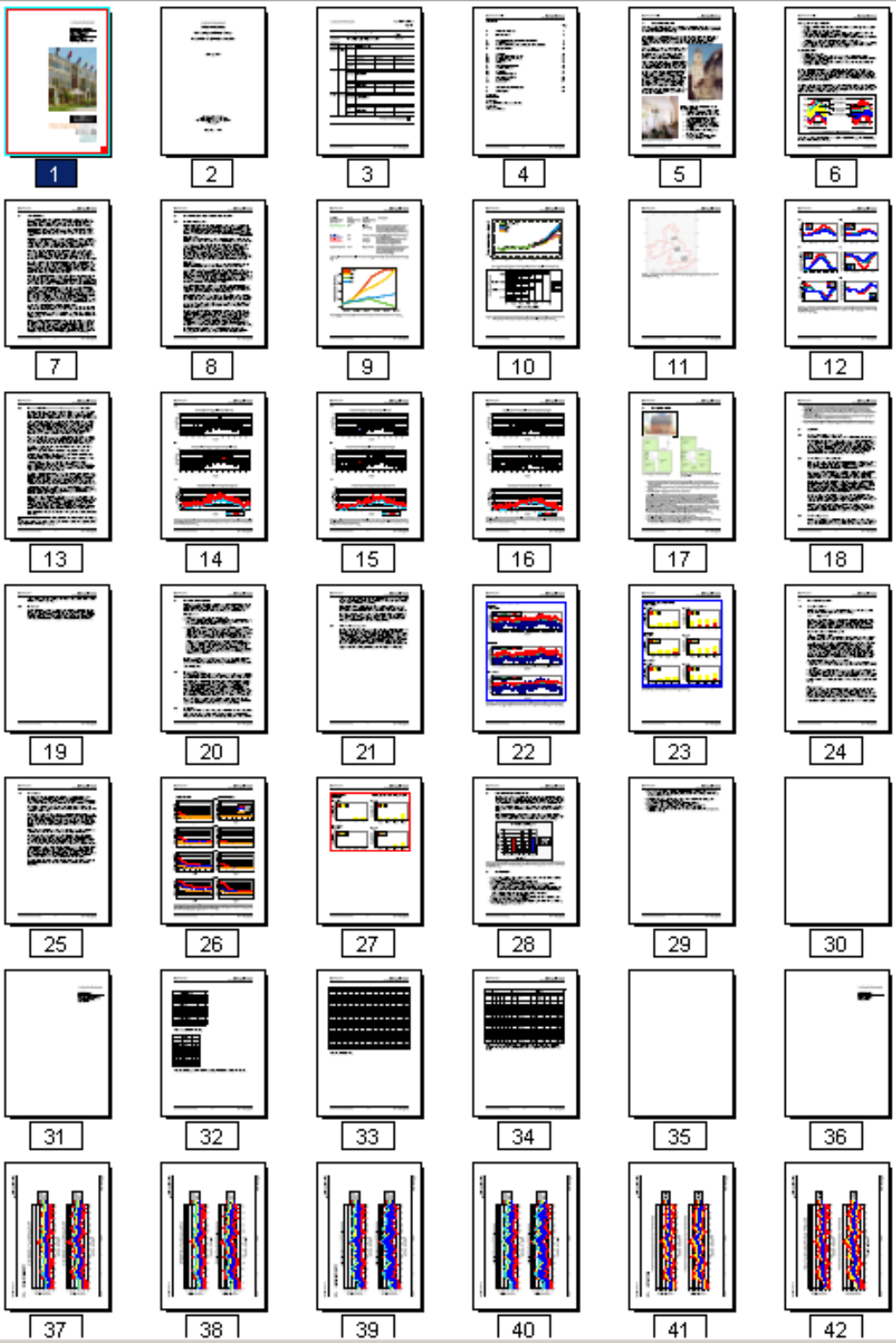
www.greenspec.co.uk

Thermal Mass

Ventilation, warmth and coolth

Heat movement in buildings

- ARUP/B Dunster Report on need for Thermal mass in buildings to cope with climate change global warming
- Recommend internal doors are self closing to hold heat energy where it is created or collected
- All partitions to be insulated
- Then actively move heat wherever you may want it or leave it where it is



ArupResearch+Development

Bill Dunster Architects

**UK Housing and
Climate Change**























Heavyweight vs.
lightweight construction




Feilden Clegg Bradley Architects LLP




Options ▾ ×

			
i	Sec1:ii	Sec1:1	SecC:22
			
SecC:23	SecC:24	SecC:25	SecC:26
			
SecC:27	SecC:28	SecC:29	SecC:210
			
SecC:211	SecC:212	SecC:213	SecC:214
			
SecC:215	SecC:216	SecC:217	SecC:218
			
SecC:219	SecC:220	SecC:221	SecC:222
			
SecC:223	SecC:224	SecC:225	SecC:226



The Concrete Centre™

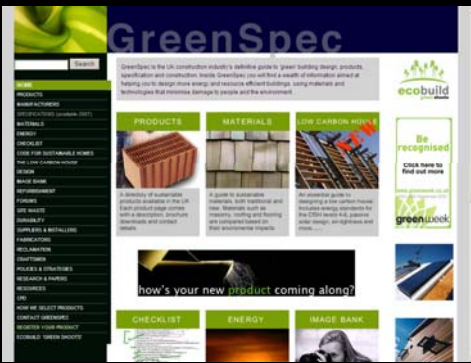
Thermal Mass for Housing



CONCRETE SOLUTIONS FOR THE CHANGING CLIMATE

Exploiting thermal mass

- If the building has high thermal mass and its surfaces are exposed
- they can be exploited in both heating and cooling
- In winter the mass can be heated in the day the heat stored for exploitation in the night
- In summer the mass can be cooled in the night and exploited in the day



Thermal mass



www.greenspec.co.uk

- Large surface areas are best
- Thickness closest to surface is used in daily cycles,
- Full thicknesses and more used over annual cycles
- Higher density material is best
- Exposed to the space not hidden above ceilings or below floors
- Exposed to the sun's rays is good
- Embedded pipes can be exploited to move warmth and coolth around building or into storage

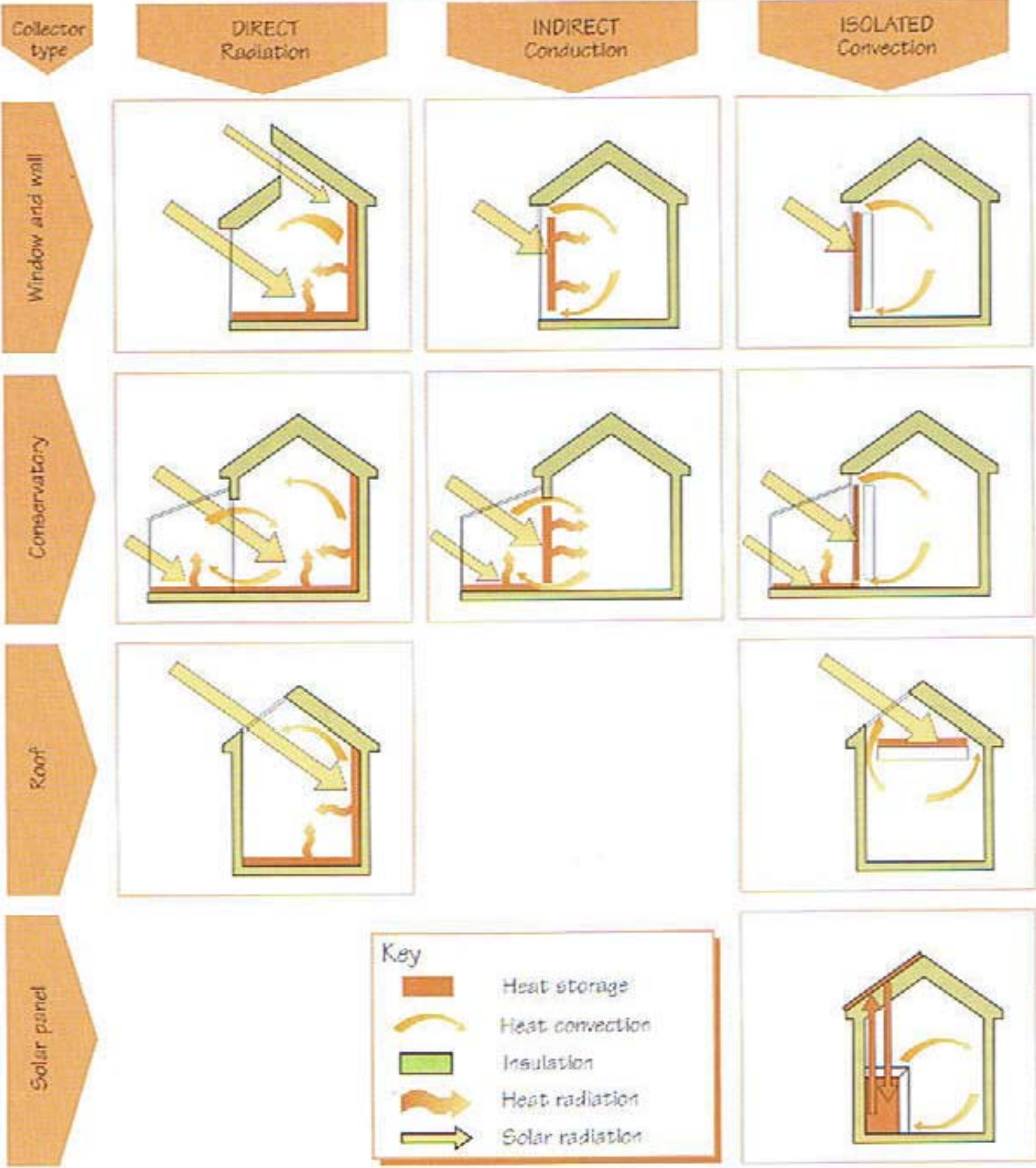
The Whole House Book

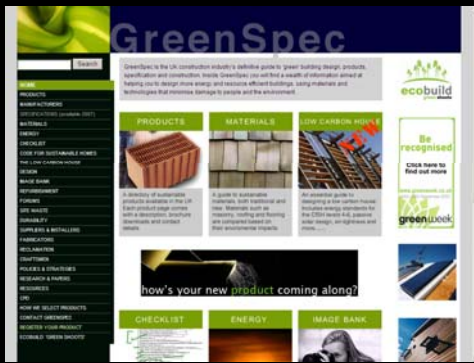
Ecological Building Design and Materials
Second Edition

Cindy Harris and Pat Borer

Foreword by Richard Rogers

STORAGE, HEAT TRANSFER AND EMITTER TYPE





www.greenspec.co.uk

Hockerton HHP

Conservatories

Zero Energy Development



Hockerton Newark Nottinghamshire

Reduce demand
for artificial light
and heating:

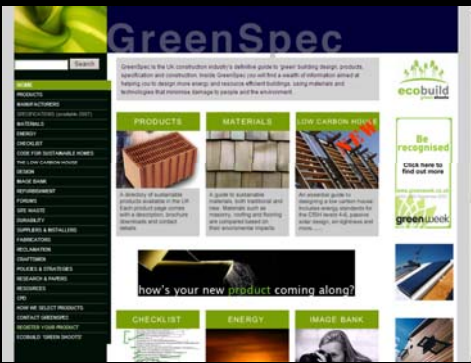
Outdoor living

Conservatory life

Sunny warm cave
to retreat into
From the cold of
night



**Hot house
in the middle
of winter**



www.greenspec.co.uk

BedZED

Conservatories

Zero (Fossil Fuel) Energy Development



BedZED Beddington Sutton Architect: Dr Bill Dunster



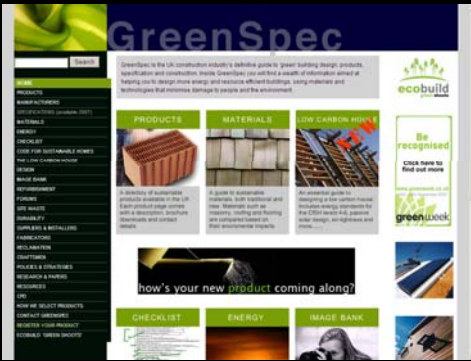
Profile:
to ensure sun penetration
over roofs reaches sill
of office space windows
Sun rooms on south side
Thermally massive floors walls
and roofs store heat until required



Sunroom on South face captures the sun



Heavy building elements store the heat and release it later



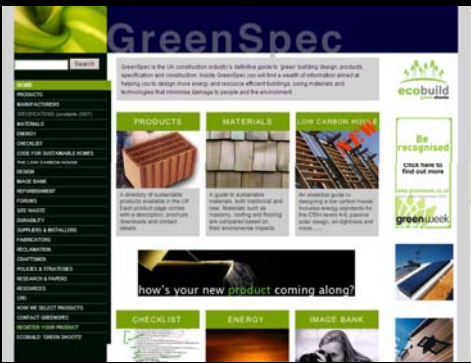
www.greenspec.co.uk

Gallions HA

Conservatories

**Gallions Housing Association:
Tenants would not choose the
conservatory but now they have it
would not give it up**





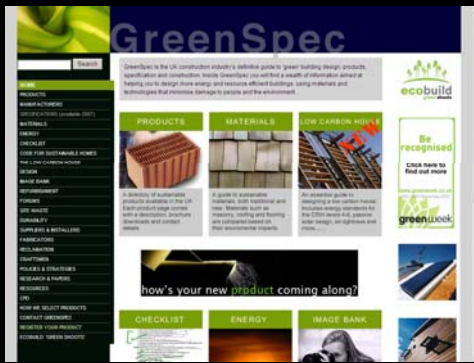
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Conservatories Gone Wrong

In the real world

Conservatories gone wrong

- Heated Conservatories (why not Solar?)
- Radiant Heated Conservatories (under floor heating)
- If there is nothing to hit, the heat goes up and out the glass roof
- Electrically Heated Conservatories (+++CO₂)
- Conservatories open to remainder of building (Heat gain or heat loss)
- Conservatories without ventilation (over-heating)



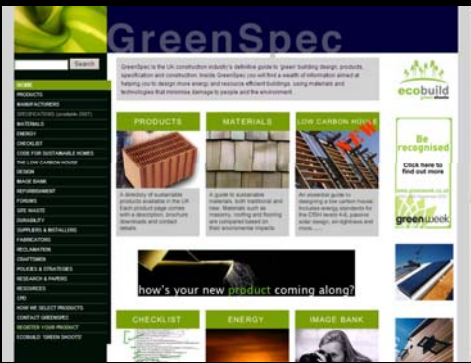
www.greenspec.co.uk

National Botanic Gardens of Wales

Glass roof



**Glass Roof: gain & loose heat
no solar gain or heat loss control**



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GLA Head Quarters

North Facing Conservatory

North facing conservatory

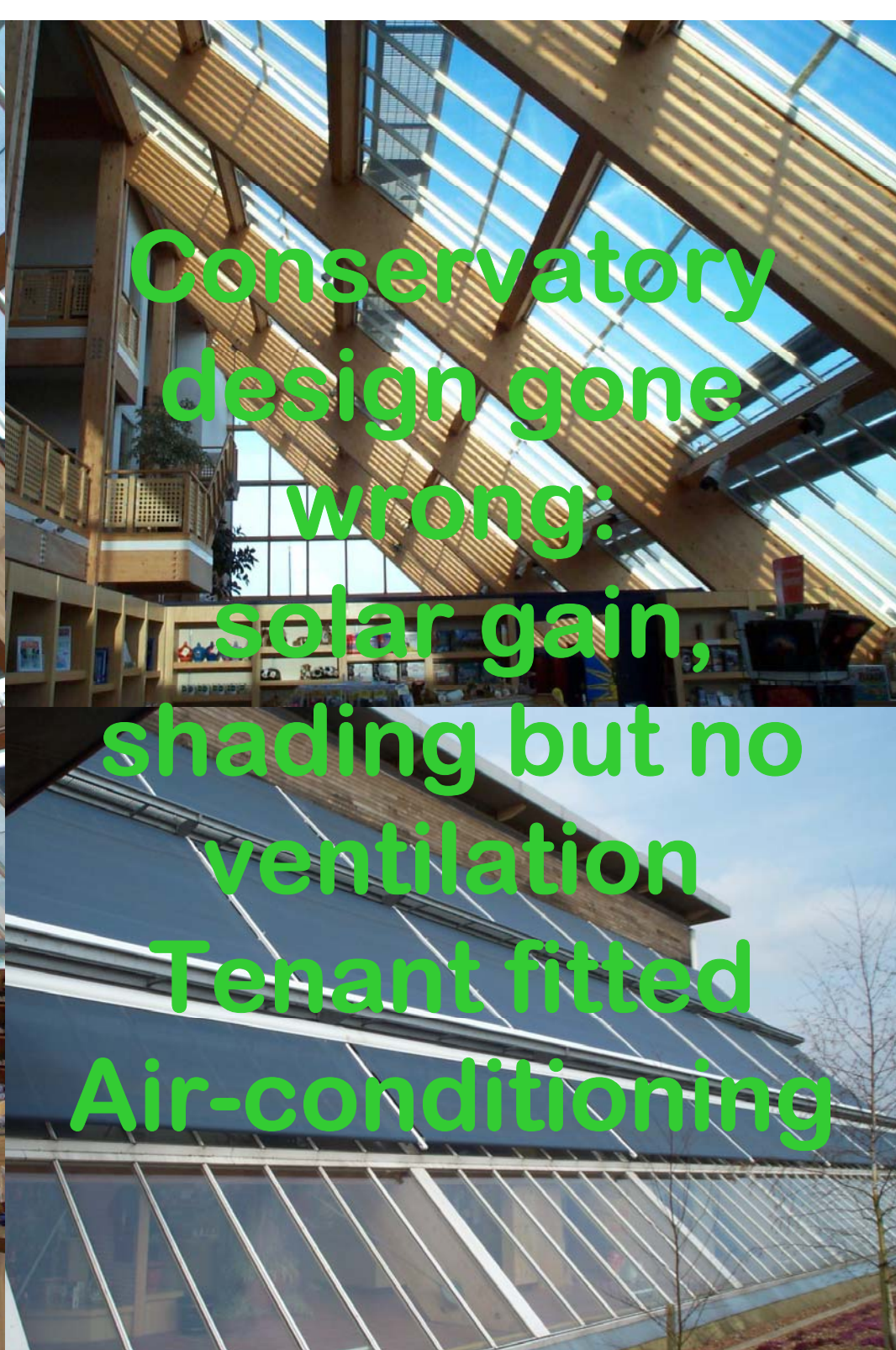


No hope then

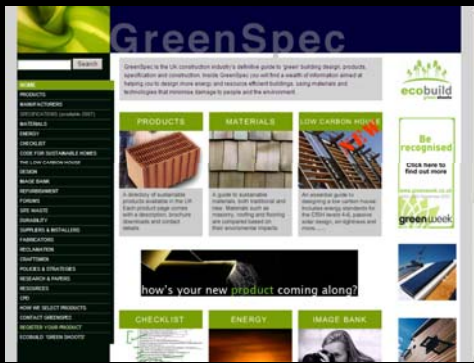
- 90% of UK conservatories have heating installed
- In terms of fuel use they are like a gushing tap over a gully
- Significant number have no doors or windows to separate from the rest of the house
- Despite the Building Regulations

Conservatory Gone Wrong

- No boundary between conservatory and accommodation beyond
- No thermal mass wall or floor to hold the heat
- No entry or exit ventilation in glazed roof
- No Solar shading (externally is best)
- Tenant fitted Air Conditioning



Conservatory
design gone
wrong:
solar gain,
shading but no
ventilation
Tenant fitted
Air-conditioning



www.greenspec.co.uk

1 INTEGER @ BRE

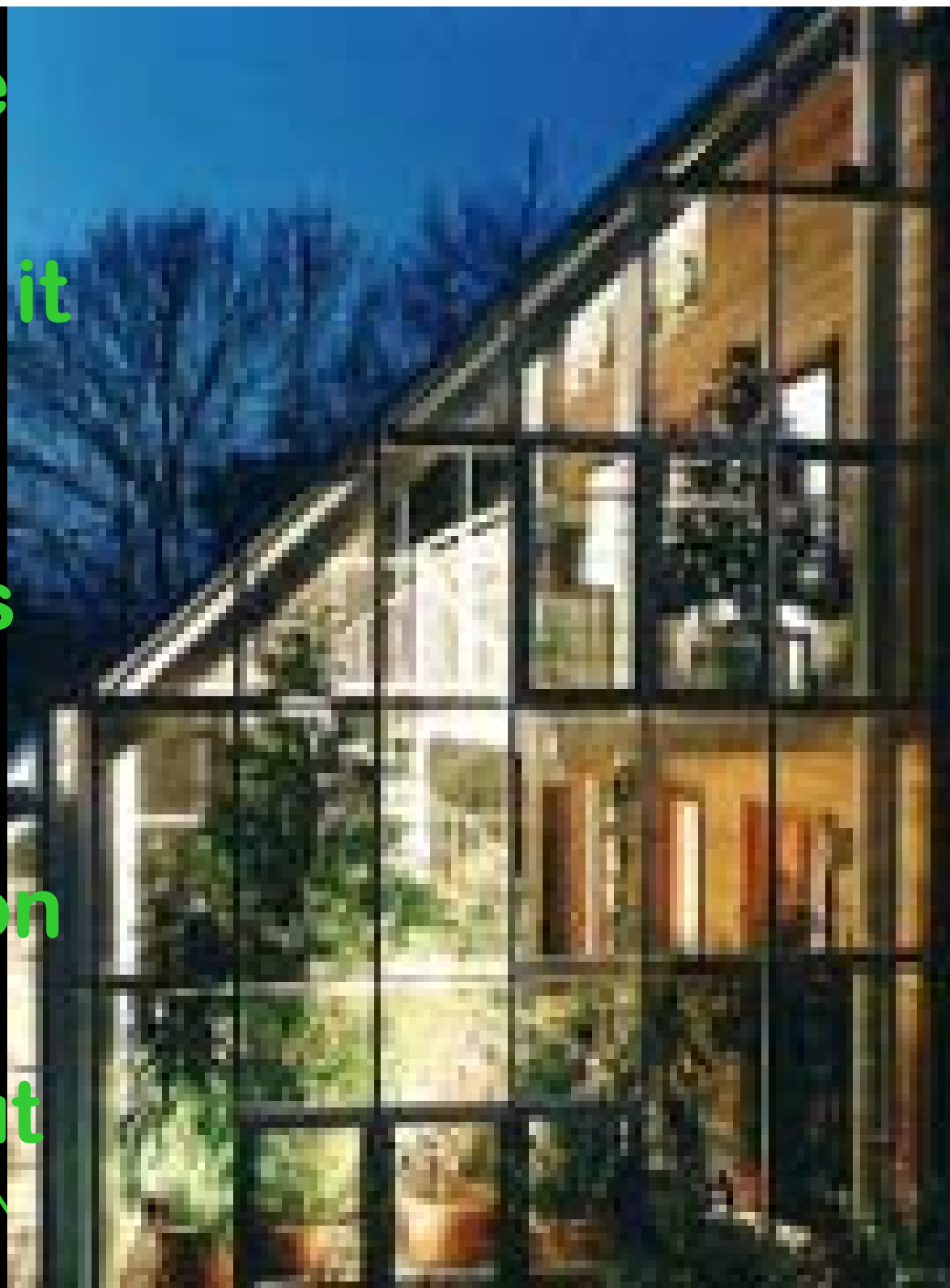
Intelligent & green

Not very intelligent Conservatory:
Secure all-weather garden
single glazed and double to house but open at top floor
Some solar shading, some planting

1 INTEGER house
conservatory at
BRE is not all that it

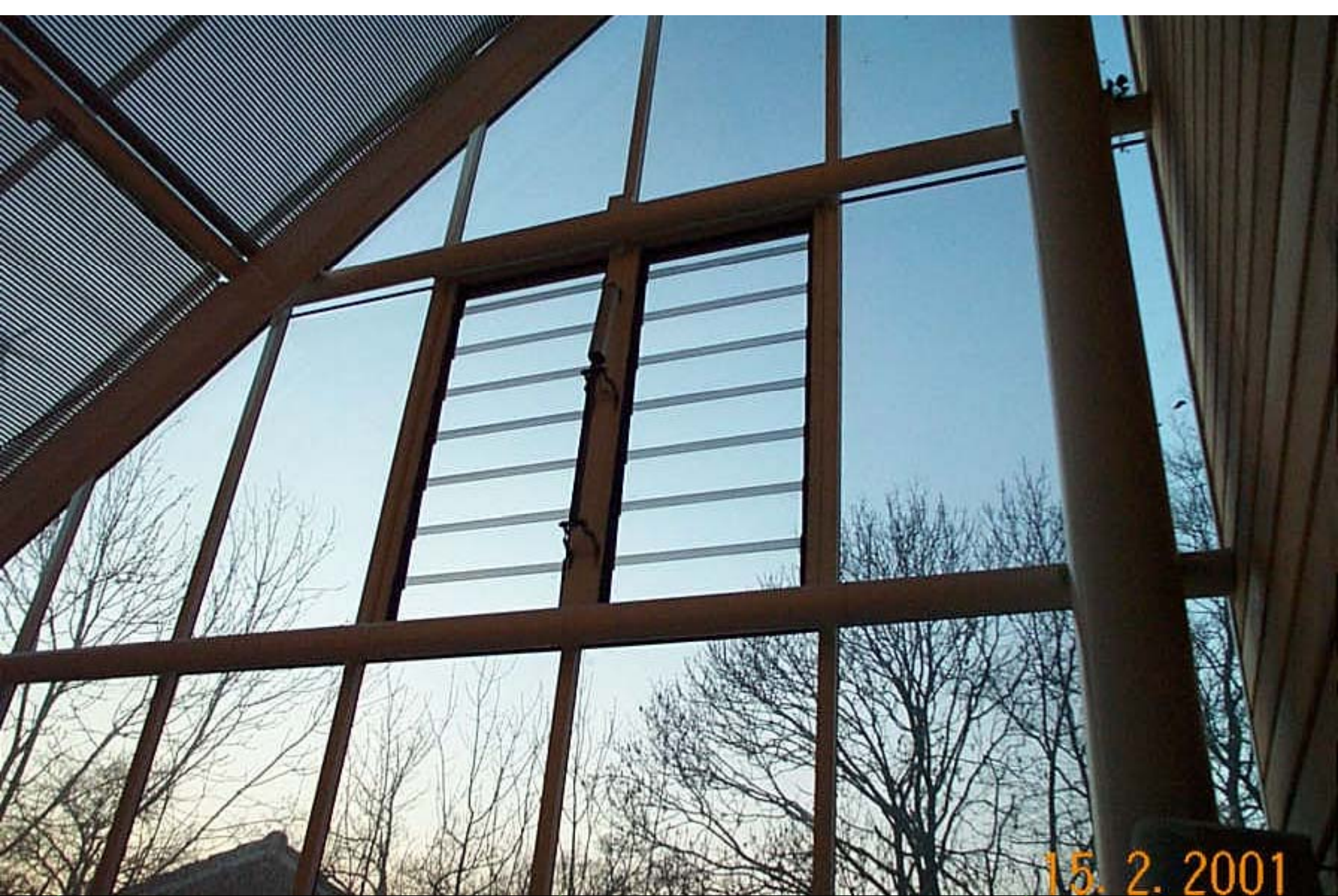
could be
Single glazed
No thermal mass
back wall,
open to living
accommodation on
top floor.
Just sheltered out
door space

09/03/2010 © N





**Opening vents
in side walls of
conservatory
but only half
way up the
height of the
conservatory**



15. 2. 2001

Thermostat control piston actuated vents
Thermostat at high level? Vents at mid level



Doors:
provide low
level ventilation

Windows:
none at top

**Internal solar
shading:**
internal radiant
heating &
thermal stress



**Solar Thermal ET for Hot Water
Roof window & minimal PV**



**Rainwater:
collection and
disposal?
Any Harvesting
and reusing?**



15. 2. 2001





**Internal Solar
shading
No Thermal
Mass on rear
wall
Some thermal
mass on floor**



Top floor open to hottest part of conservatory



**Internal solar shading:
catches solar radiation
heats up and re-radiates
heat inwards.
Energy efficient light fittings?**



Top floor open to conservatory and no ventilation at high level

15.2.



Bedrooms face South & open onto the warm conservatory, no escape

Test Yourself

- What are the ideal characteristics of a conservatory?
- How does HHP Hockerton exploit Thermal mass?

How did you do

- North facing, large glass areas, low E glass to trap heat, window and door vents at high and low level, external controllable solar shading
- High density, large surface area, exposed to passive heat gains from sun
- Traps sun in conservatory, heats up floor and back wall then warms up house interior