# HiiGuru Video Call Advice

GBE



## **Green Building Encyclopaedia**

### Brief description of the kind of support/advice you give over video call:

- I have 45 years of experience in construction industry, I studied construction for 4 years and architecture for 8 years; and spent the rest of my career learning and sharing knowledge
- 39 years have been self-employed, writing specifications for £2415m of projects, most of them working with many Architect's offices.
- Since 1999 I have focused almost entirely on environmental construction and specification
- I have taught architects at all stages of their education for 16 years including Continuing Professional Development seminars for 30 years
- I have written and illustrated over 1000 hours of seminars on environmental construction, specification and procurement, and I attend as many seminars as I can to keep up to date.
- I have assembled or written a 570 page 9000 term jargon buster so we can have a common language
- I founded and funded GreenSpec website from 2000 to 2013
- I have been building Green Building Encyclopaedia website since 2012
- I have been creating parts of Green Building Calculator (a design & decision tool and website) since 2011 formally launching versions 1 & 2 during COVID, currently developing a version for housing retrofit.
- All of this experience is brought to bear on any conversation I have whether face to face or in video calls

### This video call advice services is right for somebody who .... (describe different use cases)

- Might be designing, self-building, constructing or retrofitting any building or landscape
- Might be being advised at exhibitions and shows about technology or material or product that the advisor wants to sell and you might want an independent second opinion with a more holistic point of view
- Might be hearing conflicting advice from different sellers and need an independent balanced opinion
- Might be confused by some jargon, materials, properties, issues, being banded about by sellers
- Might have a building that suffers problems that are challenging to solve, damp, overheating, costly to run, etc.
- Might be thinking of designing to Passivhaus but not wanting to go to full testing and accreditation, is this wise?

### What can I ask my Guru?

- I am not a mechanical, electrical and public health services engineer
- I am not a structural or civil engineer
- I am not a landscape architect
- I am not an interior designer
- I am not a quantity surveyor
- However I do have some guidance and lateral thinking on all of their issues
- I am trained as an architectural technician and an architect and I have explored many aspects of environmental design and focus on joined up thinking

### 10 example questions

- How can we brief our architect to make our building future proof?
- Where should we spend our money on our house retrofit?
- How should we insulate our old solid walled house to ensure it is done well?
- How do we stop our house bedrooms overheating in summer?
- How should be insulate our proposed attic extensions?
- Should we spend extra money on triple glazing or stick to double-glazed windows?
- Should I send money on expensive taps, ironmongery or thermal insulation?

- How do we find a suitable sub-contractor to install a sophisticated services installation?
- We are being advised to use dense wood fibre insulation instead of PIR insulation, why should we agree?
- Is foamed plastic insulation suitable for our roof insulation?
- We live in a chalet bungalow how can we insulate all the slopes and the triangles?
- We have been advised to remove the insulation from our cavity walls to reinsulate them with a new material, what do you think?
- We have a damp basement and wonder what we can so to solve it?
- I have a set of drawings and a specification can you give an opinion of the plans and material choices?
- We are being advised to use Air Source Heat Pumps on our old house, is this a good idea?

#### What you will get out of the video call / what are the benefits?

- For every question there are 10 more questions around the first, I have to ask and answer them all or I may miss an important issue or you may misinterpret the first answer and we get it wrong in one of the other 10 issues
- If I have not experienced the questions before I will apply my mind and years of experience to the whole problem and try to find some logical solutions to it.
- E.g. how it could improve their situation or help them avoid something negative
- Unexpected consequences are a risk of adopting new methods of construction when addressing the climate, biodiversity and cost of living emergency
  - E.g. making a building airtight to save energy and money, can trap off-gassing from synthetic materials, carbon dioxide and/or moisture vapour from breathing and other domestic activities
  - Adding too much insulation to solid walls can create risks of condensation, mould, frost damage and structural failure
  - Adding the wrong thermal insulation material can cause overheating whist the write material can avoid it
- Having a broad understanding of many different methods of construction and exploring their features, benefits and their risks in their adoption or modification means I can apply them to a unique proposal and brainstorm its issues.

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